



Georgie Holbrook

National Speaker, Emotional Wellness and Author
Teaching others how to experience self-love, natural healing and more joy.

Web Site: Joy-Full.com
Email: Georgie@Joy-Full.com

One on One Skype or phone sessions – Emotional Wellness Coach,
20 years of experience helping others locally, nationally and internationally.
Emotionally heal your physical self.
PayPal payments - Email: Georgie@Joy-Full.com

Speaking Engagements

Georgie is available locally and nationally for your events.
Together we can make a difference in helping people find natural solutions and greater joy.
Email: Georgie@Joy-Full.com

The Rosacea-Acne Natural Remedy – Book - \$14.95

Note: You can download the first chapters of this book free on her web site.

After writing Joy-Full Holistic Remedies, Georgie now describes her new insights in what caused her to have such an extreme case of acne, rosacea and near blindness. Includes a rare Health Evaluation: How to look for the emotional and physical components for finding your own answers. Describes how the body/immune system breaks down and what causes random symptoms. How rage shows up in physical pain - so you don't have to deal with your anger. How stuffed emotions will re-appear in physical pain to try and distract you. How to recover from sexual abuse and trauma. Healing thoughts about yourself. If you find you don't measure up, believe you can't heal and feel ashamed of how you talk to yourself – learn how to walk proud and heal crippling negative self-talk and low self-esteem. Her book includes 3 national published articles on her healing and much more. Book available on Kindle, Nook, E-book and paper back.

Joy-Full Holistic Remedies – Book - \$17.95

Note: You can download the first chapter of this book free on her web site.

Six chapters of Georgie's holistic healing story. Ten chapters of self-help - things she discovered to help her heal her body, mind and spirit. Chapter 10: Measure Your Joy - daily how we give our energy away and cause ourselves to feel exhausted and how to increase our energy and joy. Page 104: Turning Anger inside out. Some of us have had a lot of hurts and hidden rage that we think we have healed or forgotten until another situation comes along and we re-act. Includes an exercise to release this inner rage. Page 112: How to create peace and serenity inside yourself. Page 78: How to pick a holistic therapist, who do you trust? Chapter 13: How to move out of fear and trust your body. Book includes much more and available on Kindle, Nook, E-book and paper back.

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Books, CDs, DVDs Special Sale

For specials on buying combinations of Books, CDs, DVDs, see website: www.Joy-Full.com

Natural Solutions for Health and Lifestyle – DVD - \$15.95 40 minutes

Finding Healing Answers for Rosacea, Acne etc.

Georgie has developed an educational evaluation that looks at 16 areas of your life helping you take your health and happiness into your own hands. She will teach you what is out of balance and how to get back in balance with nature finding healing answers. You will move out of confusion and helplessness into trusting your body, natural solutions and become educated for life. She has taught this evaluation to hundreds of people and finds it very accurate and now offers it on DVD for you to enjoy and receive common sense life changing answers.

Visual Art - for Healing Hidden Hurts – DVD - \$14.95 30 minutes

Georgie will teach you how to intuitively find your own answers using guided imagery. Heal past and current trauma. Figure out what is holding you back from being healthy and happy. Learn how to not 'stuff your emotions' so your body doesn't have to tell your story in physical health challenges. Learn how to trust making everyday decisions.

Meditation for Healing - 2 DVDs - \$24.95 60 minutes

Georgie has developed these meditations for you to discover how to bless your body and move out of fear and doubt. To be reminded how wonderfully you are made and how to trust your own body and mind to increase your vitality and happiness. Healing begins from the inside out - may you take time to acknowledge the inherent intelligence within yourselves to heal and live your passion.

Emotionally Heal Your Body – CD \$11.99

How emotions speak in physical pain. Solving complex health challenges. Learn from real stories and rare insights.

Issues In Your Tissues – CD \$11.99

Using art, dialog and guided imagery to heal. Healing hidden hurts and losses. Making everyday decisions. Turning rage into compassion. Feeling the healing 'shift.'

Healing Rosacea and Other Health Challenges – CD \$11.99

The chemical effect of our thoughts and emotions. Diet & yeast infection. Protecting your immune system.

Colon Health and Emotional Health – CD \$11.99

Colon education the key to wellness. Don't cut it out, repair it, heal it. What does the 'liver' have to do with anxiety? Preventing illness therefore our many diagnoses.

Talk Show - about solving Rosacea and other health issues – CD \$11.99

How emotions manifest in our many health challenges. Georgie talks about solving Rosacea and other health issues. Georgie interviews another person with Rosacea.

Glyco-Nutrition - The Missing Piece of the Puzzle – CD \$11.99

There are 8 vital nutrients required for our cells to communicate correctly. (Example: a car that needs 8 sparkplugs – if we install 2, it still will not run). These nutrients are not found in health food stores and our diets, including vitamins, contain 2 to 3 at most. If you suffer from skin or health issues or random symptoms, the answers are found within the body. Your body, by design, knows how to heal and repair itself when you feed your cells the required vital nutrients. When you solve issues at the cell level you can almost solve anything! On this CD Georgie shares her own experience and examples of how to find common sense answers. Note: Georgie is associated with one of the biggest science nutritional labs in the world and on this CD shares her discoveries. She can sell these products to you at her wholesale prices - almost anywhere in the world, with few exceptions. E-mail her at Georgie@Joy-Full.com to get started.

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