

Advance Praise for

## The Rosacea - Acne Natural Remedy

### A Recent Discovery On How I Healed

“As a society we have not been taught natural remedies - the kind of self-healing that our ancestors relied on, and we witness the results. Georgie has re-captured this inherent truth.” Linda Reilly, Dean of Nursing

“Most of us have trouble trusting those who say they can help us. Georgie is authentic. Her gentle spirit comes from her own healing and that of helping numerous others.” TJ Ryan, Radio Talk Show Host

“We hear about healing ourselves and get confused about where to start. Rarely do we find a book by someone who has healed herself, taught thousands of others by her example and writes with unflinching detail. Georgie has paved a path that lets us eliminate the mistakes she made and gives us personal self-help steps to faster recovery.” – Robert Lopez, Naturopathic Doctor

“The angel on the cover is rich in symbolism of Georgie’s journey from years of running on empty to what it takes to heal hidden hurts and find our true selves.” Cecilia Harrison, Mother of 5 boys, Spiritual Director

“For 10 years, I tried to heal my Rosacea with endless disappointments; Georgie has captured the steps to self-healing that were missing from my search. Her story will encourage and give hope to those determined to heal themselves, end their helplessness and set their faces beautifully free.” -Maria Jones, Registered Nurse

“Georgie helped me discover my Rosacea and acne were reacting to my emotions from my past. I highly recommend her book. She is so intuitive and insightful in understanding self-healing and gets down to basics, showing us how to nurture and heal ourselves.” -Shileen Nixon, Emotional Wellness Coach

Also by Georgie Holbrook:

***Joy-Full Holistic Remedies***  
***How to experience your natural ability to heal***

A self-help book on holistic healing which looks at the emotional, physical and spiritual well being of a person to find answers to health challenges.

Reprinted since 1999 helping people around the world.

Visit her web site for additional products and services:  
[Joy-Full.com](http://Joy-Full.com) and [RosaceaHealedEmotionally.com](http://RosaceaHealedEmotionally.com)

Added Note:

Be an Angel Helper and share my web sites, books and cds with significant others and promote them in creative ways to keep the message of natural healing, encouragement, hope and love alive. Together we can touch hearts around the world and make a bigger difference.

Thanks - Joy-Full blessings of health and happiness. Georgie

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A Recent Discovery On How I Healed**

Georgie Holbrook

Joy-Full Publishing Co.

# The Rosacea - Acne Natural Remedy A Recent Discovery On How I Healed

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## **DISCLAIMER**

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## **Dedicated to the ONE I've Grown to Trust**

I dedicate this book to God or the higher Power I've grown to trust, admire and love, who speaks to me in ways I respect and follow and who has taught me I cannot compromise my path to truth, happiness or health.

My body has been my best friend and educator, always calling me to learn more.... to share the discoveries learned from God's University, where I never get to graduate as the next opportunity to prove natural healing happens. I've gotten the inner confidence and knowledge that come from years of my own self-healing and that of working with hundreds of others, only through God's incredible higher plan for my chosen path.

I now can talk at a hospital in front of doctors, staff and interested others and never doubt my truth in self-healing possibilities. Whether I am sharing with people by phone around the world, or standing in person beside a hospital bed, my message is always the same: Walk in faith alongside me until you can learn for yourself through the "experience of self-healing." Many times I've told clients to reach into their hearts and decide to heal to an even greater degree than I did – to prove it for themselves and live by example.

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In praise and gratitude God has blessed us with natural remedies. May we walk in faith and not fear our incredible bodies.

**Enjoy Georgie**

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# Rosacea - Acne Natural Remedy

## A Recent Discovery On How I Healed

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## **CHAPTER 1**

### **I was Determined to Heal**

Currently it is estimated that over 45 million people worldwide suffer from Rosacea and far more from acne. I developed acne that was later diagnosed as an extreme case of Rosacea and near blindness. I holistically healed, I have

walked the path before you, so you can eliminate many of the mistakes I made along the way. I believe with understanding anyone can heal even better than I did. I am dedicated to be part of the solution, determined to do my part in helping people reclaim their faces rather than fear them. I want to help avoid future suffering and the low self-esteem along with shame that comes with having Rosacea and acne.

I share from my own experience and my experience working with hundreds of others by phone or in person. I have discovered some obvious emotional and physical indicators of where to find healing answers. I find these indicators are like an obvious flashing red light that has been overlooked

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by doctors, holistic practitioners and psychotherapists because their search is isolated to the face. Looking for holistic answers means taking the whole person into consideration.

***My message is that we are incredibly made, and our minds and bodies are willing and ready to heal; with the proper understanding, we can move from fear to faith.***

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## CHAPTER 2

### The Search for Answers

A few years ago, I wrote and self-published a self help book of my healing story which continues to be sold worldwide both in paperback and E-book. *Joy-Full Holistic Remedies, How to experience your natural ability to heal and CDs on additional things I learned about how to heal emotional and*

*physical health challenges.* After writing my book I was left with some questions:

**Why had my Rosacea become so extreme? Had I placed so much accumulated stress on my body that my immune system broke down? And if so, how could anyone allow this to happen by being so unaware of herself? What was it I had missed along the way?**

I'm going to share with you what I've discovered in hopes of helping you search below the surface of Rosacea and acne for answers.

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**The Rosacea – Acne Natural Remedy**

**and Joy-Rull Holistic Remedies are available in paperback, e-book, kindle**

**Web Sites: [Joy-Full.com](http://Joy-Full.com) and [RosaceaHealedEmotionally.com](http://RosaceaHealedEmotionally.com)**

Special thanks, my mission is to create a healing center with a chapel for people from all walks of life to enjoy and learn. Together with your support and prayers it will happen. Love YOU Georgie